•基础研究 BASIC RESEARCH•

# 胰岛素样生长因子-1对大鼠肝纤维化形成的影响

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# Effect of insulin-like growth factor-I on hepatic fibrosis in rats

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# Abstract

**AIM:** To investigate the effect of insulin-like growth factor-I (ICF-I) on hepatic fibrosis in rats and its possible mechanism.

**METHODS:** Fifty Sprague-Dawley rats were randomly divided into 4 groups: normal group (n = 10), olive oil group (n = 10), model group (n = 15) and ICF-I group (n = 15). The hepatic fibrosis model was induced by 40% CCl<sub>4</sub>. The rats with hepatic fibrosis were injected with IGF-1 subcutaneously four weeks later ( $2 \mu g/kg$ , every other day for 2 weeks). The survival rate, fibrotic degree and body weight of the rats were inspected. The histopathological changes of collagenous fiber were examined under optical microscope. The content of  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA) in the liver tissue were detected by Western-blotting.

**RESULTS:** In comparison with those in model group, the weights of the rats in ICF-I group were significantly higher (252.1 $\pm$ 24.1 g vs 301.5 $\pm$ 32.4 g, *P* <0.05); the survival rate was higher and the fibrotic degrees were remarkably lower;

the content of collagen and  $\alpha$ -SMA in the liver tissue were significantly reduced.

**CONCLUSION:** IGF-1 can protect rats against hepatic fibrosis, which may be related to its role in improving hepatic function and inhibiting HSC activation.

Key Words: ICF-I; Hepatic fibrosis;  $\alpha$ -SMA; Collagenous fibre

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#### 摘要

**目的**:探讨胰岛素样生长因子-1对大鼠肝纤维化形成的影响。

**方法**: 50只SD 大鼠随机编入4组,正常组和橄榄油组 各 10只,模型组15只,IGF-1干预组15只.40% CCL4 橄榄油溶液制备大鼠肝纤维化模型,4 wk 后,以IGF-1 2 ug/kg 干预,共2 wk.观察大鼠存活率、体重变 化及纤维化形成率;光镜下观察大鼠肝组织病理及胶原 纤维变化;采用 Western-blot 法检测肝组织中α-肌动 蛋白(α-SMA)含量.

结果: IGF-1 干预组大鼠存活率高于模型组,体重 (301.5±32.4 g)明显高于模型组(252.1±24.1 g, P<0.05), 肝纤维化形成率较模型组低,光镜下肝组织纤维化程 度明显改善,胶原含量明显下降.IGF-1 干预组中肝组 织α-SMA含量明显低于模型组.

结论: IGF-1具有抗大鼠肝纤维化作用,这可能与其 改善肝功能、抑制 HSC 活化等有关.

## 关键词: 胰岛素样生长因子 -1; 肝纤维化; α- 肌动蛋白; 胶原纤维

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# 0 引言

IGF-I 是由 70 个氨基酸残基组成的单链多肽,对肝 纤维化发生、发展起着十分重要的作用<sup>[1]</sup>.我们探讨

胰岛素样生长因子-1抗大鼠肝纤维化的作用及其机制,为临床应用提供理论依据.

### 1 材料和方法

1.1 材料 纯系、 5 SD 大鼠 50 只,体质量 200±20 g, 由中国科学院上海实验动物中心提供;橄榄油和 CC14 (上海生化试剂厂),IGF-1(Sigma 公司),小鼠抗大鼠 α-SMA 单抗(武汉博士德公司);7FR-180A 电泳槽,Mini Protean 3 电转移仪,PowerPac 300稳压稳流电泳仪, Fluors Mutilmager 图像分析仪(Bio-Rad 公司).

1.2 方法 SD大鼠 50 只随机编入4组. 正常组和橄榄油组 各 10 只,分别于 SC 生理盐水和橄榄油 3 mL/kg,隔 日一次,首次加倍,共6 wk;模型组 15 只,400 mL/L CC1<sub>4</sub> 的橄榄油溶液,按3 mL/kg皮下注射,隔日 1 次,首次加倍,共6 wk;IGF-1 干预组 15 只,制模方 法与模型组相同,4 wk 后加用 IGF-1 20  $\mu$ g/kg皮 下注射,共2 wk.HE 染色观察大鼠肝病理学改变,比 较肝纤维化程度;胶原纤维染色法观察肝胶原含量.采 用 Western-blot 法检测肝组织中 α-SMA 含量.

**统计学处理** 计量资料以 mean±SD 表示,采用方 差分析判断组间差异;所有统计均经 SAS6.12 统计软 件处理完成, *P* <0.05 为有统计学意义.

#### 2 结果

IGF-1干预组大鼠体质量(301.5±32.4 g)明显高于模型组(252.1±24.1 g, P < 0.05).IGF-1干预组大鼠存 活率高于模型组,肝纤维化形成率较模型组低(图1) 2.1 IGF-1 对大鼠肝纤维化的影响 模型组 HE 染色可 见多数正常肝小叶结构破坏或消失,形成完整假小叶, 纤维隔内有大量单核、淋巴、嗜酸性细胞等浸润.IGF-1干预组肝细胞变性坏死明显减轻,纤维间隔变细,数 量明显减少,假小叶形成不完全.正常组和橄榄油组仅 见汇管区血管胶原染色.模型组胶原染色可见红色胶原 纤维大量增生,汇管区-中央静脉区纤维间隔宽大,增 生的肝细胞被胶原纤维包绕、分割成大小不等的假小 叶.IGF-1干预组有不同程度改善,仅见少量胶原纤 维间隔形成, 假小叶不完全形成(图2).



#### 图1 大鼠肝纤维化形成率及生存率.

2.2 肝组织中α- 肌动蛋白(α-SMA)含量变化 正常组 和橄榄油组肝组织中α-SMA 含量少,且两组间差异 不明显;模型组肝组织中α-SMA 含量显著高于正常对 照组和橄榄油组,IGF-1干预组肝组织中α-SMA 含量 高于正常组和橄榄油组.IGF-1干预组肝组织中α-SMA 含量明显低于模型组(图3).





#### 3 讨论

IGF-I 是由 70 个氨基酸残基组成的单链多肽, 主要 在肝脏合成. 他是机体广泛存在的细胞有丝分裂和分 化成熟的促进剂, 在细胞的生长、分化及代谢的调节 中有着重要的作用, 参与了胚胎发育、机体生长、创 伤愈合及肿瘤发生等过程<sup>[2-5]</sup>. 研究表明, IGF-1 是肝 星状细胞等成纤维样细胞的丝裂因子, 对肝纤维化发 生、发展起着十分重要的作用, 与肝纤维化时肝功能



状态、营养状况及其预后等密切相关<sup>[6]</sup>. Castilla-Cortazar *et al*<sup>[7-8]</sup>在四氯化碳诱导的大鼠肝纤维化 模型验证 IGF-I 对肝脏的保护作用时发现, IGF-I 能 明显提高肝纤维化大鼠血浆白蛋白水平,改善肝功 能,减轻肝纤维化程度.本研究发现, IGF-1 干预组 大鼠肝脏病理学改变程度较模型组明显减轻,表现 为肝脏假小叶形成不完全,胶原形成少,纤维化程 度减低,提示 IGF-1 具有体内抗纤维化的作用.

在肝损伤及各种慢性肝病时, 肝星状细胞(HSC) 被激活,细胞内维生素A脂滴减少或消失,其表型由 静息型转变为激活型,即HSC转换为肌成纤维细胞<sup>[9]</sup>. α-SMA 是肌动蛋白的一种,在肌成纤维细胞中含量丰 富,当HSC转化为肌成纤维细胞时,肝脏内α-SMA含 量增加,因此α-SMA的变化被看成HSC活化与否的标 志,HSC的激活、增生是肝纤维化重要环节<sup>[10-11]</sup>.HSC 活化对肝纤维化形成和门脉压力变化有着十分重要的 作用<sup>[12]</sup>. 体外研究表明 IGF-1 有促进 HSC 活化、增生 并分泌细胞外基质的作用<sup>[13-14]</sup>. 我们发现, IGF-1 干 预组大鼠肝内 α-SMA 产生较模型组明显减少,表明 体内 IGF-1 具有抑制 HSC 活化的作用,这似与体外试 验相矛盾. 究其原因, 体外试验单纯考虑的是 IGF-1 对HSC 一对一的作用,作用简单,而体内环境复杂, 肝纤维化的发生和发展过程受多种因子和多种细胞的影 响,是一种复杂的网络系统,IGF-1可能通过减轻肝内 炎性反应,降低肝硬化鼠脂质过氧化物,减轻肝内氧化 损伤,减少HSC活化的刺激因素等<sup>[15]</sup>,达到抑制HSC 活化的目的.

关于 IGF-1 与肝纤维化的相关报道仅见于少数的 动物实验<sup>[16]</sup>.目前临床 IGF-I 仅用于糖尿病及肾脏病 患者的治疗,且研究仍是初步的,并发现具有潜在 的危险性.本研究也是建立在动物实验的基础上,进 一步明了 IGF-I 与肝纤维化的关系,为 IGF-I 用于临 床抗肝纤维化及降门脉压治疗提供了新的理论基础. 我们相信, IGF-1 有良好的临床治疗肝硬化患者的应 用前景,但尚需要一定过程.

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